Dr. Deborah Bryon, Ph. D.  Psychologist/Diplomate Jungian Analyst

Books


In “Lessons of the Inca Shamans,” the reality of the shamanic world comes alive. Deborah Bryon finely weaves these energies into a Jungian-informed psychotherapy, but also goes beyond the world of image and symbol into what she calls the energetic collective. I highly recommend this book.

Nathan Schwartz-Salant, author of “The Black Nightgown”

This book really opens up the secret world of the Inca shamans to people who are unfamiliar with the Incan world. The descriptions are vivid and exciting. The text is very seductive and brings you into a whole new way of seeing the world. It’s a great read!

Lynn Andrews, author of “The Medicine Woman” series and “Coming Full Circle: Ancient Teaching for a Modern World”

From time immemorial, shamans of many cultures have been able to lift the veil between ordinary and paranormal reality. In this fascinating book, Dr. Bryon describes how she learned from Peruvian Shamans how to consciously pass through that veil in her own life. Much like Legolas in The Lord of the Rings, she learned to live in both that shamanic world and the world of a Jungian analyst. Readers who want to lift the veil in their own lives can learn much from her story.

Robin Robertson, author of “Beginner’s Guide to Jungian Psychology”

Deborah Bryon’s work is not only an introduction to Peruvian shamanism, nor simply an effort to comprehend shamanism in psychological terms. It is at the same time a personal account of the most difficult part of depth work — the struggle to integrate what one has experienced in the deeper inner realms into one’s ordinary life. Deborah’s writing reveals, in sometimes stark fashion, this struggle and so makes the book worthwhile not only for those interested in shamanism but for anyone who turns within and who must then return to the world. She couples experience with theory to create a model that is helpful to anyone engaged in self-exploration.

Jeffrey Raff, PhD, author of “The Practice of Ally Work”

Deborah Bryon did an amazing job of weaving together teachings from both the Inca and modern day psychology. Tales of her adventures combined with telling stories from her wealth of knowledge of psychology provide marvelous insights. “Lessons of the Inca Shamans” is a brilliant work which shares deep and rich stories and powerful practices. I loved reading it.

Sandra Ingerman, author of “Soul Retrieval and Shamanic Journeying: A Beginner’s Guide”

Articles and Publications


"Book review of Lessons of the Inca Shamans: Piercing the Veil by Deborah Bryon in Spring #90: Jung and India (forthcoming).


"Veil between Ordinary and Non-Ordinary Reality: Working with the Objective Psyche in Shamanism and Depth Psychology," Psychological Perspectives, Fall, 2013.


Book review of Lessons of the Inca Shamans: Piercing the Veil by Deborah Bryon in Spring #90: Jung and India (forthcoming).

The Veil between Ordinary and Non-Ordinary Reality: Working with the Objective Psyche in Shamanism and Depth Psychology," Psychological Prospectives. 56-3, (Fall 2013)


Pster presentation at the annual meeting of the American Psychological Association, San Francisco, CA.

Bryon, D. & Owens, J. (2002, August). Managerial Behavior as Measured by the California Personality Inventory (CPI). Poster presentation at the annual meeting of the American Psychological Association, San Francisco, CA.


